



Personal Medical History

Disease	When Diagnosed		When Diagnosed		When Diagnosed
Asthma		High Blood Pressure		High Cholesterol	
Epilepsy		Anemia		Bleeding Disorder	
Migraine Headaches		Alcoholism		Glaucoma	
Depression		Bipolar		Manic	
Anxiety		Diabetes		Arthritis	
Genetic Disease		Hay Fever		Cancer (TYPE)	
Thyroid disease – Hyper		Thyroid disease – Hypo		Eczema	
Stroke		Heart Disease		Psoriasis	
		Osteoporosis (weak bones)			

Family History

Disease	When Diagnosed		When Diagnosed		When Diagnosed
Asthma		High Blood Pressure		High Cholesterol	
Epilepsy		Anemia		Bleeding Disorder	
Migraine Headaches		Alcoholism		Glaucoma	
Depression		Bipolar		Manic	
Anxiety		Diabetes		Arthritis	
Genetic Disease		Hay Fever		Cancer (TYPE)	
Thyroid disease – Hyper		Thyroid disease – Hypo		Eczema	
Stroke		Heart Disease		Psoriasis	
		Osteoporosis (weak bones)			

Social History

- Cigarettes Pkg per day: _____ #Years Smoking: _____ Year Quit Smoking: _____
- Alcohol Drinks per week: _____
- Coffee Cups per day: _____
- Exercise YES NO
- Sleep Pattern #Hours per night: _____ Satisfactory Occasionally Disturbed Mostly Disturbed
- Street Drugs YES NO

Current Concerns or any Additional Information
